

Discernment:  
The Art and  
Practice of  
Making Good  
Choices  
In Everyday Life

As we learn to fully *Live the Affirming Life*, a helpful skill to have in our toolbox is the one we call **discernment**. We invite you to join us in this journey of discovering more clearly who you are as a unique individual and what you are called to do with the gifts God has given you.



“For the word of God is living and active. Sharper than any double-edged sword; it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

[Hebrews 4:12]



Affirmation Ministries  
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8 Weekly Sessions—2011

Tuesdays

February 22

March 1, 8, 15, 22, 29

April 5, 12

**Where:**

Sancta Clara Monastery  
4200 Market Ave. North  
Canton, Ohio 44709

**When:**

7:00 PM—8:30 PM

Affirmation Ministries

# Discernment: The Art and Practice of Making Good Choices in Everyday Life



### Presenter:

**Micky Wolf**, Executive Director of Affirmation Ministries, is a certified Spiritual Director trained through the Ignatian Spirituality Institute, John Carroll University, Cleveland, Ohio. She is also a writer and published author, retreat leader and workshop presenter on a variety of topics related to helping others discover their true, authentic self.

Often utilizing the principles and theology of Ignatian Spirituality in her presentations and spiritual direction, she focuses on an integrated approach to personal wholeness and holiness which includes mind, body, emotions and spirit.

Micky welcomes your inquiries about Affirmation Ministries, this discernment series, or individual or group spiritual direction.



### The sword that is God's Truth...

Our busy lives involve a multitude of issues and concerns. Determining how to respond by making choices that are loving and wise can be a challenge. Spiritual **discernment** offers us a meaningful process for making decisions. A few of the topics in this series:

- Discernment — where the mystical & practical intersect
- The role of conscience
  - Removing obstacles
- Consolation and Desolation
  - Good and evil spirits
- Jesus, companion & example



### Registration Form / Discernment Series February 2011

First Name[s] and Last [Include spouse if applicable] \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_ Email Address \_\_\_\_\_

Cost: [Scholarships Available—Please Inquire]

\$35.00 per person

Check # \_\_\_\_\_ Total Amount Enclosed \$ \_\_\_\_\_

\$60.00 per couple [spouses]

Make Checks Payable to Affirmation Ministries

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